

JUNE 2016

FROM THE CEO



Welcome to Masonic Care Queensland residents, families, staff and volunteers to Regis. We are very excited to have you join our family and look forward to showcasing all you do in future publications of this newsletter.

Featured in this edition is the opening of our newest Club facility Regis North Fremantle and the official opening of Regis Caboolture's extension. I am pleased to announce Regis now has more than 50 facilities and circa 6,000 places nationwide.

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WELCOME MASONIC

WELCOME MASONIC CARE QUEENSLAND TO THE REGIS FAMILY!

On 1 June, we proudly welcomed Masonic Care Queensland to the Regis family. Included are 711 residential aged care places across four sites (Brisbane, Townsville, Cairns and Tin Can Bay), 244 retirement units across a number of sites and several Day Therapy Centres. Thank everyone involved in this acquisition and the ongoing integration process for their forward planning, hard work and enthusiasm.

We look forward to getting to know our residents, their families, staff and volunteers over the coming months.

FROM THE CEO CONTINUED FROM PAGE 1

Regis' brand refresh has extended to our new look website launched 19 May. Check out the new site on **www.regis.com.au** which aims to make navigation easier for anyone wanting to know more about the care and services we offer.

Recently we celebrated our staff with team events held for International Nurse's Day. Regis thanks all our staff including our nurses and invite you to nominate a staff member or volunteer you feel has been outstanding in their field of expertise in this year's forthcoming National Staff Awards to be launched late July. It is your way of recognising the good work you see every day.

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Ross Johnston Managing Director & CEO

NEW CLUB FACILITY OPENING – NORTH FREMANTLE WA







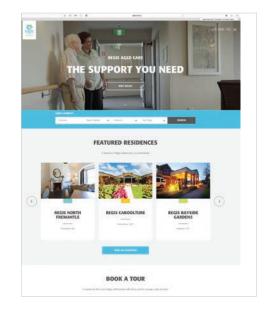
MP Melissa Parke, GM Vic/ WA/ SA/ NT Phil Mackney and WA Sales Theresa Wood

Regis is excited to announce that on 16 May, Regis North Fremantle (formerly Hillcrest) reopened. Regis Hillcrest closed in 2014 with construction commencing in September of that year.

Regis North Fremantle is our newest Club Services facility offering 109 places including single rooms with en suites and eight large 2-room apartments. The newly reopened facility is complete with the refurbished 1901 Victorian Italianate building, a new cafe, kitchen, laundry, reception, hair salon, cinema and library.

A Soft Opening event was held on 11 May and was attended by The Member for Fremantle Melissa Parke.

REGIS NORTH FREMANTLE IS OUR NEWEST CLUB SERVICES FACILITY OFFERING 109 PLACES



BRAND REFRESH – NEW REGIS WEBSITE

We are pleased to announce the new look Regis Website. The innovative new look **www.regis.com.au** was launched on Thursday 19 May and is the culmination of many months of hard work that have come to fruition. The new website has a more modern, cleaner design and is aimed at being more user friendly as well as showcasing the best of our facilities, staff, residents and future developments. Make sure you jump online and have a look!

COLOUR RUN – REGIS HOMECARE VIC

Staff from Regis Sunraysia and Regis HomeCare Mildura recently lent a hand to local community organisation 'Sunassist' by setting up a gift stand at the fundraising colour run event held on Sunday 17 April. Sunassist is a not-for-profit community organisation which commenced providing services to the elderly and disabled in the Mildura community in 1981. This is a vital service in the Mildura region and is relied on by many of our residents and HomeCare clients. Regis staff helped reward participants by gifting coffee mugs, Regis bags and most importantly, jelly beans, with some of the staff even getting 'coloured' in the process.

OFFICIAL OPENING – CABOOLTURE QLD



Honorable Roy Wyatt, Facility Manager Gail Muir, Assistant Manager Cath Cook and State MP Rick Williams

Federal Member for Longman, the Honourable Wyatt Roy, officially opened the 64-bed extension and refurbishment of Regis Caboolture Wednesday 27 April 2016. Joined by State Member for Pumicestone, Mr Rick Williams, residents, families, staff and members of the Caboolture community, Hon. Roy unveiled the official opening plaque and joined in post ceremony celebrations.

"As our region and population grows, it's vital that our valued, older community members get the care they need," Hon Roy said. "This expansion not only helps bind our community's social fabric but has created a big economic boost in the form of about 70 new local Jobs".

Regis has been a part of the Caboolture community for 13 years having originally opened Regis Caboolture (formerly Canning Lodge) in 2003, while in 2015 the original building underwent a significant refurbishment to accommodate the 64-bed extension.

The official presentation and morning tea was enjoyed by all while allowing Regis to showcase the facility and all the hard work and commitment by our Property and Operations Teams.



THE REAL DEAL -**HASTINGS MANOR** NSW

Regis Hastings Manor residents recently visited Dolphin Marine Magic in Coffs Harbour. Residents were treated to a hands on experience with dolphins, seals, penguins and other marine life. A special highlight for many residents was a kiss from Zippy the dolphin and Elle the Australian sea lion while all residents had the opportunity to rub Zippy's tummy, play football with the other dolphins, feed the marine life including the colourful fish and the resident shark using nothing but a pair of tongs!

All who attend thoroughly enjoy the day, especially resident Doug who was spoilt with a cuddle from the real life PARO named Elle!

SWEET DELIGHTS -**BURNSIDE SA**

Residents from Regis Burnside recently indulged in a sweet afternoon delight from the Barossa Valley Ice Cream Company. Company owner Julie Donnellan rode Kermit, her specially designed ice cream bike complete with icebox, to the Linden Park facility handing out assorted flavours of ice-cream. The ice cream was so delicious and was enjoyed so much by everyone that Julie and Kermit have been booked to revisit next month.

SHOWCASING ART **AND LIFESTYLE – SHENLEY MANOR VIC**

State Member for Hawthorn, John Pesutto recently opened the Art and Lifestyle in Aged Care event held at Regis Shenley Manor. The event was held to showcase the amazing talents of the residents while also displaying the various aspects and activities within the PIEC&S Lifestyle program.

The art display included both abstract and classic pieces that interpreted the resident's view of their world in a creative style. Residents, families and the local community were treated to the musical harp talents of Shenley Personal Carer Prashant. Residents loved having their hard work on display and were thrilled with the event.



Shenley Manor residents with State Member John Pesutto

AS OUR POPULATION GROWS, IT'S VITAL THAT OUR VALUED, OLDER COMMUNITY MEMBERS GET THE CARE THEY NEED



ADOPT A GRANDPARENT – ANCHORAGE HOUSE QLD

Year 5 and 6 student from St Pius X Catholic school in Salisbury recently visited Regis Anchorage House as part of their 'Adopt a grandparent' program. Beginning in May, the program has involved the students and residents communicating by letter as pen pals, sharing stories and then meeting to spend time together. The students enjoy sharing and listening to stories.

Lifestyle Coordinator Shannon Phillips said the program builds a sense of community in the facility. It brings a different young and fun energy into the facility and everyone thinks it's wonderful hearing the carefree laughter of children.

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LIVE LIGHTER – FORREST GARDENS WA

The month of April saw seven residents from Regis Forrest Gardens compete in the annual Live Lighter Aged Care Games. This year's games were held at the South West Sports Centre in Bunbury and were hotly contested by 10 aged care facility teams. Teams came together to compete and battle it out in such games as hookey, pass ball, bean bag toss and skittle. The day was filled with lots of laughter and fun. The competitive spirit was strong in 'Team Forrest' and everyone was a winner on the day.

TWILIGHT MARKET – SHERWOOD PARK VIC

Regis Sherwood Park hosted a Twilight Market on Friday 18 March, stall holders from the wider Cranbourne community took part in the market with stalls including selling eggs, local produce, plants, flowers, candles, knitted garments, jewellery, bric and brac, and handmade crafts. The Lions Club of Cranbourne volunteered their time and cooked a BBQ sausage sizzle.

Around 150 to 200 people attended this event including residents, families, staff, volunteers and local community members. Residents loved the market atmosphere and the overall shopping experience. The market was such a success one is already being planned for November.



Sherwood Park residents attending the Twilight market



INTERNATIONAL NURSES DAY

Regis celebrated International Nurses Day 12 May with team events held across all Regis facilities. Regis has over 750 nurses and took this opportunity to celebrate the hard working and dedicated Registered Nurses and Endorsed Enrolled Nurses for their devotion and attention.

All team events were a huge success with lunches and morning tea events held across all of our facilities. Nursing staff were presented with Nurse Fob watches. Our residents, families and Regis appreciate the dedication of our nurses.

Competitions were held across all facilities for the most creatively decorated nurse's station:

The five winners of the hotly contested prizes were:

- Regis Forrest Gardens (WA)
- Regis Gannon Gardens (NSW)
- Regis Seaside Manor (VIC)
- Regis Tiwi Gardens (NT)
- Regis Boronia (QLD)

Congratulations for all the effort that went into celebrating this very special day and our very special nurses!







REGIS CELEBRATED INTERNATIONAL NURSES DAY WITH TEAM EVENTS HELD ACROSS ALL REGIS FACILITIES

AT THE MUSEUM – SEASIDE MANOR VIC

Residents at Regis Seaside Manor are currently participating in a museum outreach program run by the Melbourne Museum. The current topic is dinosaurs and fossils. Melbourne Museum come to the facility and host 2 planned information sessions, much like university lectures, which include artefacts and materials from the current museum exhibition. Residents are allowed a hands-on, touch and feel session with the artefacts and materials provided. All who attended the lectures, including residents, staff, and family members were totally engaged during the seminars and loved the discussion points and presentation. After the success of the first session, residents are deciding what they would like to learn and see next.



PROPERTY UPDATE



East Malvern VIC – redevelopment of the flagship 155 bed facility is well underway and on track to open October 2016. The new Club Services facility will include a dementia specific wing, as well as cafe, eZone, cinema, hairdressing salon, and beautifully landscaped gardens.

Linden Park SA – Regis is constructing a new 113 bed building as well as some upgrades to the other areas at Burnside. Construction has commenced and a recent sod turning event was attended by local member Christopher Pyne, MP. The redevelopment is set to open in 2017 and will be renamed Regis Linden Park. The purpose built facility will feature a cinema, hairdresser, day spa, private dining room, wellbeing and fitness facilities plus extensive landscaped outdoor areas. **Kingswood SA** – Formerly known as 'Regis Sunset' this facility is closed to extend and restore the heritage building. Construction of 100 beds has commenced and is expected to open at the end of 2017.

Chelmer QLD – Regis' renovation of the existing mansion and construction of a new, 120 purpose built Club Services facility is well underway. Opening in 2017, the facility will offer a cafe, cinema, hairdressing salon, eZone and landscaped gardens.

Nedlands WA – Formerly known as Regis Park, this facility has now closed and construction of the 135 bed state of the art facility is set to commence at the end of July. When completed the site will be renamed 'Regis Nedlands' and will comprise of hair salon, library an activities room, and landscaped gardens.



STORIES, COMMENTS OR FEEDBACK

We invite all readers to contribute their own stories for each issue of Regis Insight. We would really like to hear about what is happening in your facility, someone you think is outstanding or has lived a special life. Email your stories, feedback or ideas to the Editor on **marketing@regis.com.au**