

OUR Community

Autumn 2022

National Regis Care Awards

Acknowledging our people
who have gone above and
beyond – page 3

Message from Linda

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of *Our Community*
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Harley, Bill and David

Front cover
Regis Ontario recently had a
visit from a shiny, old friend
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Message from Linda Mellors



Welcome to the first edition of *Our Community*, a collection of stories from the last quarter about our residents, our people and services at Regis.

In November, we held our 2021 National Regis Care Awards and celebrated our employees and volunteers who went above and beyond to make Regis a better place to live and work. We have included their stories and I hope you enjoy reading about our people as much as I did.

We continue to see the impacts of the global pandemic across Australia and in our Homes and communities. My gratitude goes to our dedicated and compassionate employees and volunteers for their work throughout this time, including balancing the social and wellbeing needs of our residents in addition to diligent infection prevention and control. I also sincerely thank our families, residents and clients for the understanding and support shown to our valued team members.

I wish you all a safe and fulfilling 2022.



Linda Mellors

Managing Director and Chief Executive Officer

Regis has cared for our older generation for nearly 30 years.

Beginning with 104 residents in regional Victoria, we now care for more than 7,200 people Australia-wide.

We are proud to provide high-quality aged care and services across six states and the Northern Territory in Australia.

Regis strives every day for our residents and clients to live well and realise their wellbeing goals. We support those goals with retirement living, residential care, home care, respite care and day therapy programs delivered by our 9,000-strong workforce.

Regis Aged Care services

-  Residential Care
-  Home Care
-  Short Term Care
-  Retirement Living

We serve with optimism, passion, integrity, respect.



National Regis Care Awards

On Wednesday 24 November 2021, the Regis community celebrated the 2021 National Regis Care Awards.

Our people who have gone above and beyond

The event acknowledged our people who have gone above and beyond in their work and lived the Regis values throughout the year. These awards recognised individuals, teams and sites that demonstrated a commitment to The Regis Way by making Regis Homes and sites an even better place to live and work. The Awards were announced virtually and teams gathered online and in-person in COVID-safe environments to enjoy the presentation.

We received over 2,500 nominations from employees, residents and families. In a year filled with challenges and change, we also acknowledged the capability, effort and care of all our 9,000 plus people working and volunteering at Regis across Australia.

Read more about our National Regis Care Awards winners inside.



Clyde Black

General Manager at Regis Kuluin wins the CEO Award

Clyde was also a finalist for the Outstanding Personal Leadership award.

The recipient of the CEO Award is selected by Managing Director and Chief Executive Officer, Dr Linda Mellors, from the final pool of award candidates. The CEO Award is the highest honour for an individual to receive from the awards. Linda recognises one member from the Regis community who demonstrates the Regis values and spirit in everything they do and say. Throughout 2021, Clyde showed exceptional leadership and innovation in his thinking, and consistently showed integrity and compassion to those around him.

“My role is extremely rewarding because we help people. We help families and representatives of residents who are fatigued and struggling to support their loved ones. We help people secure employment, provide for their families and develop their career. We help residents live a fulfilling life filled with friendships, fun and quality care.”

Congratulations Clyde Black.



Regis Lutwyche

wins Home of the Year

Regis Lutwyche embodies a culture of excellence and inclusion with a focus on customer experience, service, improvement and innovation. Regis Lutwyche has an excellent reputation in the community, a strong leadership team that drives results and development, and a clinical team that puts residents at the heart of all they do. The Home’s vibrant Lifestyle Program is delivered by an energetic team who help build strong relationships between residents and within the community. The Lutwyche family celebrate life and bring people, culture and families together.

The
Lutwyche
family
celebrate life
and bring
people,
culture and
families
together



Juanita Baker

Lifestyle Coordinator at Regis Elmore Vale wins the awards for Initiative or Innovation of the Year and Outstanding Home Services.

Juanita was also a finalist for the Service Excellence award.

Initiative or Innovation of the Year

Juanita Baker created the Armchair Travel initiative which sees residents have a cultural experience by visiting a new country each month, enjoying the cuisine of the country, having in-flight snacks and participating in cultural activities of the countries they visit. The space for Armchair Travel has been designed to resemble a plane seat which includes windows to look outside, headrests and a tray of plane food. Juanita has even personalised individual passports for residents which is stamped before residents board the plane.

The immersive experience of travelling to different countries and learning about the culture, food and people has added to the cultural understanding in the Home.

Outstanding Home Services award

Juanita won the The Outstanding Home Services award for her dedication to the residents, team and families of Regis Elmore Vale. She creates engaging lifestyle programs designed around the residents' needs and suggestions. Juanita is known to enrich lives and make a difference to the community at Elmore Vale. Juanita also demonstrates her commitment by supporting her team and colleagues across Regis which includes holding employee appreciation days, organising care packages, poems or being available for a chat. During the COVID-19 outbreaks in New South Wales, Juanita organised packages with sweets and a note to send to all employees in each of our four Homes in Sydney.



Juanita Baker
created the
Armchair
Travel initiative



The Legal team

wins the Service Excellence award

The Legal team at Regis is renowned for being kind, supportive and patient while providing expert advice and guidance to everyone at Regis. As a team, they approach their work with diligence and integrity, and bring a positive outlook to what can sometimes be challenging situations. In a year like no other in 2021, with the ongoing impacts of the pandemic and the Royal Commission, the team monitored and provided key updates of government directions to a range of areas in the organisation. Their ability to connect and communicate with everyone at Regis is valued.

Missing from image:

Amanda Gerber, Governance and Legal Officer

Ming Ming Tiong

wins the Clinical Care Excellence award

Ming Ming Tiong is a Clinical Manager at Regis Burnside and has been part of our Regis community for over ten years. Ming Ming’s passion and optimism shines while she cares for residents and supports her team. She brings energy and empathy to her role and is hard working.

“Working with our older generation is so rewarding and fulfilling,” Ming Ming said. “Having grown up in Malaysia, I have learnt so much about life in Australia from our residents. The knowledge has been priceless.”

Ming Ming is an excellent team player and skilled leader. Many residents and families consider her family. She has a way of connecting with people from the heart and builds strong relationships based on compassion and communication.



Sharon Ryan

wins the Outstanding Carer award

Sharon Ryan joined the Regis Port Stephens family in 2010 as an Assistant in Nursing (AIN). Sharon consistently provides high-quality care to residents living with varying degrees of dementia, complex care needs, and palliative care. She excels in all aspects of her AIN work, but her commitment to detail and ensuring each resident and their family are heard and made to feel valued is what makes her special. She is a positive role model and mentor for employees and leads the way in providing service and care for our residents.

Families and residents have provided testimony to her positivity and kindness by sharing that she is always respectful, passionate and goes the extra mile to care for residents. She also makes everyone laugh, which is the best kind of medicine.

Working with our older generation is so rewarding and fulfilling

Gary Mina

wins the Outstanding Dementia Care award

Gary Mina from Regis East Malvern respects, cares and advocates for residents living with dementia. He shows kindness, patience and understanding while taking the time to build relationships with every resident and their family. A typical day for Gary involves providing support to our residents by keeping them active through fun exercises and games.

Additionally, Gary loves showing off his musical talents by hosting live performances and jamming out on his guitar to our residents' favourite tunes. He brings people across the Home together through the engaging and cognitively challenging programs that the Lifestyle team creates which ensure that everyone is cared for.

Gary takes the time to build relationships with every resident



James Theofanis

wins the Outstanding Personal Leadership award

With a career at Regis Aged Care spanning 10 years, James Theofanis, Regional General Manager Victoria still says that "every day is different." To James, every day is different because each day presents a new opportunity to grow professionally, develop his team and learn another life lesson from the residents he serves each day.

"I quickly fell in love with the sector and worked out fast that my own personal values aligned with the Regis Way and I haven't looked back."

Those that have worked with James have nothing but praise to share about his passion and commitment to the industry. James is known for his ability to support teams and bring out the best in them in challenging situations. He continues to demonstrate the Regis values while managing his teams throughout the COVID-19 outbreaks. James has an incredible ability to help people around him stay focused while under pressure.

James has a wealth of knowledge, positive energy, and importantly, a focus on achieving the best outcomes for residents and teams.

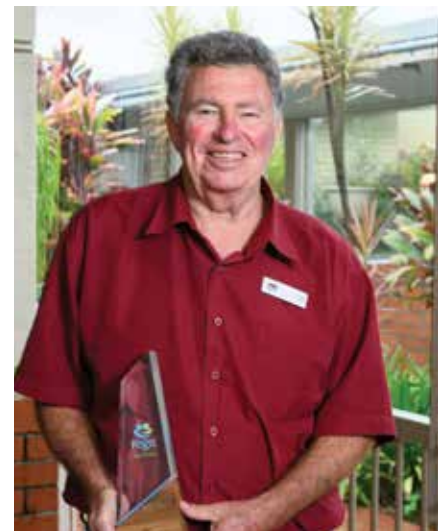


Phil Bell

wins the Volunteer of the Year award

Phil is a much-loved volunteer at Regis Sandgate Griffith. He joined the Sandgate Griffith community in November 2020 and to this day, he's maintained the spark, energy and dedication to make residents happy. Volunteers play an essential part in our residents' quality of life by providing support for their wellbeing, promoting self-esteem and personal fulfillment through a social and creative environment.

Phil has a big heart and an ever-present smile! He visits the Home weekly and focuses most of his time working with special residents living with dementia. He also works directly with the male residents to encourage conversation and physical activities. Phil arranges regular one-hour mystery bus trips which is a favourite activity amongst residents. He is always available to lend a helping hand and often attends events in the Home and encourages residents to get involved. You may not always recognise him as he often surprises residents in the Home by turning up in different costumes!





Ringwood Lifestyle Team

wins the Environmental Leadership award

Having introduced environmental sustainability into their art and craft projects, the Ringwood Lifestyle team launched a range of initiatives which helped improve the Home's environmental footprint. Residents enjoyed being a part of value-driven projects and making a difference. One of many projects developed by the Lifestyle team was creating and selling ECO dancing skirts where all fabric was sourced from leftover material from dressmakers, op-shops, curtain samples and more.

All funds from the sale of the skirts were donated to the Asylum Seeker Resource Centre. The team work on the principle that they *don't need new material to be creative*.

The Lifestyle team plans engaging and challenging activities with a focus on environmental sustainability

Gary Stewart

wins the Outstanding Safety Leadership award

Gary Stewart from Regis Port Stephens is an expert when it comes to knowledge about workplace health and safety. His commitment to the safety and wellbeing of his colleagues is outstanding. Gary's timely responses to safety hazards and inspections for the Home are meticulous.

He is known to go the extra mile to keep everyone safe. Gary leads in developing monthly posters about safety and educates employees to ensure they are across all aspects related to safety in the Home.

Gary embodies the Regis values. He notices when the team needs a boost and acts upon it with unstinting enthusiasm. His colleagues describe Gary as professional, but someone who never forgets the importance of having fun.



Michael Lazenby's journey around the globe

"When I was just six, my parents were building a Hollywood-style house in suburban Johannesburg, with a swimming pool and the whole lot. One day I said to my father, 'please may I lay a brick,' and so he got the builder and myself to lay a brick on the lower level of the house. I still remember that moment. From that day, I realised I wanted to build buildings, and more importantly to design and draw buildings."

Like many people who look back over their life, Michael Lazenby's modest vignette paints us a portrait of a man who pursued his dreams and followed his heart.

Michael was born in Johannesburg, South Africa in 1949 and trained there as an architect. His career hopped around three continents and saw him work at Gold Fields and The University of Witwatersrand in Johannesburg, South Africa, Gollins, Melvin, Ward and Partners (GMW Architects) in London, UK, and Stephenson and Turner in Melbourne, Australia.

Having had such a rich career and being involved in the design and construction of a plethora of buildings, there was one project that truly stood out for Michael. He shared with us that one of his greatest achievements was being praised on his design of the Uranium Enrichment Plant in South Africa—it was expressed that it was the best building in the entirety of the mine.



Michael has now been in Australia for almost forty years and is a proud father to two children.

"My most wonderful moment was watching my daughter being born, and my proudest achievement was raising my two children between 1982 and 2000," says Michael.

His gift and advice to those younger than him would be to travel as much as possible. Coming from South Africa, Michael said the country he most enjoyed travelling around was Australia. This was partly his reason for moving here to live.

"I've had a very interesting and very rich life," exclaimed Michael.

I've had a very interesting and very rich life

Living made easy through Regis' allied health care



"I have always enjoyed the diversity of the clients we serve and the stories they tell. Our individualised approach ensures we understand their differences and tailor our style to their needs and wishes"

Duncan Henderson, General Manager Allied Health Services.

Regis' Allied Health Care team offers an important layer of care for the community. Personalised and high-quality allied health care encourages independent living and enhances physical and mental wellbeing so clients can live comfortable and fulfilling lives. Duncan Henderson, General Manager of Allied Health Services, is an advocate for this care. Starting his career as a physiotherapist and then working across a range of areas in aged care for over 20 years, Duncan joined the Day Therapy Centre, Nedlands in November 2021. With decades of experience and a strong desire to make a difference, Duncan now considers himself an aged care influencer who strives to improve and add value to the sector.

Duncan leads a team of 15 clinicians and support employees. He helps them in their roles by providing strong leadership, a balanced workplace and well-defined systems and processes. He values the collaborative approach of his team and support from all areas of Regis to ensure he and his team have the right tools to do the best job possible. "I want my clinicians to spend as much time delivering face-to-face services to clients so we get the best outcomes possible." He believes every encounter, every day, is an opportunity to improve upon what we already have and expand our knowledge. You will often find Duncan speaking with clients and stakeholders to help enhance and shape services. "Their feedback is essential so we can deliver the best care possible."





The aged care sector offers so many fulfilling experiences and invaluable opportunities to learn from people who have lived through and shaped history. Duncan believes the sector is “highly rewarding and offers the opportunity to meet amazing people in the community and caring people who make a positive difference to the lives of people”.

Regis offers programs in Allied Health Care to:

- Improve strength and mobility
- Manage chronic health conditions
- Improve capacity to manage activities of daily living more easily
- Recover from an injury
- Retain independence while living at home.

To find out more about Regis’ Allied Health or any of our services, head to [regis.com.au](https://www.regis.com.au) or call our Advice team on **1300 998 100**.

Knowing is caring

Rameez Hassan, Clinical Care Specialist and Nurse on Call Team Manager

Rameez Hassan is a Clinical Care Specialist and Nurse on Call Team Manager based at our National Support Office in Melbourne. Rameez started his journey in aged care as a carer, while studying to become an Enrolled Nurse and then Registered Nurse. After finishing his studies, Rameez worked both in the acute and aged care sector as a Registered Nurse, prior to joining the Regis community full time.

“From there, I developed a passion and a greater interest in caring for our elderly which made me strive to progress my career further”, said Rameez.

Rameez enjoys seeing the smiles on residents’ faces. He shared that all our residents and clients have their own story both past and present. “It’s important to take the time to get to know them and their past history they had before entering aged care to be able to personalise and tailor the care to their specific needs, choices and preferences. Knowing is caring!” Rameez said.

Rameez has had many roles at Regis, from joining as an Enrolled Nurse, then to a Registered Nurse, Clinical Care Manager, Clinical Care Specialist Team Manager in the Northern Region, before moving to Melbourne almost four years ago to lead the Clinical Care Specialist team in the southern region.

As a young leader and in his current role, Rameez “feels privileged to be able to make a change and continue to ensure our elderly population are receiving the highest standards of clinical care and services.”

Every day isn’t the same for Rameez with the evolving changes in the aged care industry. “My focus is always to support our clinical teams. I am always looking to ensure our residents continue to receive quality care. I do this by ensuring ongoing support is provided to our Clinical Care Managers, nurses and other teams on the ground through coaching, mentoring and working through different situations. Each situation requires personalised clinical advice and support to an individual or team within the business to guide them in delivering high-quality, compassionate care and clinical services.”

He recommends working in the aged care industry. “It comes with its challenges like any other industry, but it is a very rewarding industry to work in, especially for employees and nurses who are looking for a career pathway, there are ample opportunities for education, support and growth,” he said.





From there, I developed a passion and a greater interest in caring for our elderly which made me strive to progress my career further

At Regis, our nurses are well supported through our Nurse on Call service, in addition to Registered Nurses in every Regis Home who are rostered on 24-hours a day, seven days a week. "If you as a nurse are working after hours and weekends, it is good to know that you can call someone at any time whenever you need assistance or advice in managing any clinical situation or if you just wanted to bounce ideas off another nurse," he said.

Rameez leads the Nurse on Call service to support Regis employees in the delivery of care for residents and clients. "The service means that the residents and clients in our care receive contemporary, correct and safe care while maintaining the highest standards of care, and clinical outcomes day and night," Rameez said.

Many of our nurses, including the Home's General Managers report positive feedback regarding the support provided by the Nurse on Call service. Rameez said that, "knowing that the service is available after hours to call for any support has been beneficial. That is why our service goes with the mantra 'Nurse on Call. Nurses supporting Nurses'."

Our Nurse on Call program is available for all our Homes and sites. The service comprises a team of senior clinicians, who are all Registered Nurses, to provide additional support to our nurses to ensure we maintain the highest standard of care, and clinical outcomes for our residents and clients, 24 hours a day, seven days a week.

The clinical advisory service enables our employees to deliver comprehensive care to residents and clients across our Homes and sites.

Life at Regis

Regis residents know how to have fun!

Sweet Pea Catering: Regis Legana

As soon as Rachel, the Lifestyle Assistant at Regis Legana, brings out the Sweet Pea Catering trolley, Bonney and Shirley know it is time for work. Sweet Pea Catering has been running successfully for the last seven years, which involves some of the residents, including Bonney and Shirley, serving up an assortment of ice cream and toppings every Friday afternoon in the Home. The permanent trolley has a vintage style curtaining along the sides, and all the residents and employees know they are serving up something good when they see it.

Sweet Pea Catering came about as a fun and nostalgic activity for the residents to enjoy. The purpose of the initiative was to involve women like Bonney and Shirley in the team, part of the wider community, and provide satisfaction after a job well done. What started off as an activity to empower the residents has now turned into a weekly tradition at Regis Legana.

Although some of these women face challenges living with dementia, they can remember the favourite toppings of residents and employees from across the Home. One family member even stated, "my mum doesn't remember a lot of things, but she has talked about being a Sweet Pea lady." Sweet Pea Catering has proven to not only be a fantastic social activity, but also lets these women feel like "rock stars" every week. The ladies who participate in this activity have changed over the years, but one theme continues to run throughout: their willingness to roll up their sleeves and get the job done.



Front cover story

Harley, Bill and David: Regis Ontario

Regis Ontario recently had a visit from a shiny, old friend – a Low Rider Harley Davidson motorcycle. Thanks to the Maintenance Officer, David, who happened to share the same love for bikes as resident Bill, this special moment was able to happen.

Bill needed some additional one-on-one support to assist with challenges he faces living with dementia. He was paired with David because of their similar interests and backgrounds. One morning, they had a conversation about their passion for motorcycles and David discovered Bill used to own and ride one. David decided to surprise Bill and secretly organised to bring his beloved Low Rider Harley Davidson to Regis Ontario.

The sound of the bike sparked a lot of intrigue and interest when David rode it into the back garden. This turned out to be a hit with the residents. Bill and some of the others got to sit on the bike, allowing them to reminisce about their own memories and experiences from their younger years. Bill reiterated that "the bike was a beauty!"

Since then, David has taken Bill under his wing, getting him involved with outdoor maintenance which has reignited his passion for gardening. The two have formed a great friendship which has flourished beyond the Harley.



Message in a card: Regis Tiwi

Our residents at Regis Tiwi in Darwin were pleasantly surprised when they received beautiful cards and letters from the students of Holy Catholic Primary School.

Part of the Home's 'Intergenerational Project' is to build positive connections between young people and older residents, especially during the pandemic when the students were unable to visit the Home.

One resident shared that, "It was a very nice surprise when I received your letter. Great to hear from you and I have been smiling ever since."

"In times of uncertainty, the smallest act of kindness can make a world of difference," said Terry, another of our residents.

"To have a letter in an envelope which residents can open like the old days, residents just really relate to that. The residents absolutely loved them," said Bibsa Basnet, Lifestyle Coordinator at Regis Tiwi.

"It gives us something to present to the residents and it gives residents something to do in response," added Bibsa.

Participation in intergenerational programs and meaningful cross-age relationships may help decrease social isolation during COVID-19. It also increases the residents' sense of belonging, self-esteem and wellbeing while improving social and emotional skills of the children and youth participants.



Monkeying around: Regis Kingswood

Regis Kingswood residents ventured out into the tranquil territory of beloved animals. Spending time outdoors on a beautiful day was exactly what everyone was looking forward to. Our residents were overjoyed to be out in the community and exploring the zoo.

There were friendly animals to see, and magnificent views of greenery for our residents to soak up and enjoy. Everyone loved the serene bird aviary, but the highlight of the day was feeding the smiling sea lions. Our employees loved seeing our residents' smiling faces and enjoyed spending quality time together. It was the perfect day to be amongst nature.

It was a very nice surprise when I received your letter. Great to hear from you and I have been smiling ever since



Colour Fest 2021

Regis Port Coogee

Bigger and better than last year's Colour Fest, Regis Port Coogee's famous event is now a highlight of the November calendar for residents, families and friends! After the success of the first Colour Fest in 2020, the team at Regis Port Coogee have outdone themselves by hosting another spirited and colourful event for their community.

Resident Margo shared, "it was good fun, messy fun, the best day and I thoroughly enjoyed every moment."

Residents and families spent the day celebrating colour abundantly with body art, hand painting and art therapy. However, there was a surprise in store!





To the tune of 'Baby Elephant Walk' by Henry Mancini, residents and employees launched six kilograms of colour powder into the air to transform their white t-shirts and hats into striking clothing and accessories of fun and colour. Residents at Regis Port Coogee were still talking about the event days later.

"A spectacle of excitement, smiles and just good fun shared by all ages, residents and employees—a total explosion of colour!" – Sarah Pickersgill, Lifestyle Coordinator at Regis Port Coogee.

A spectacle of excitement, smiles and just good fun shared by all ages



Ghan rail journey: Regis Sandgate Musgrave

Over the loud hiss of steam billowing from the train, the Station Master yelled “All aboard!” He blew his whistle and waved his flag. The train slowly chugged away. It’s the famous ‘Ghan Rail Journey’.

The residents at Regis Sandgate Musgrave in Queensland were taken on a magical adventure across the unspoiled Australian landscape aboard The Ghan, Australia’s greatest train journey. Station Master Alex was on Platform One to ensure an orderly “boarding” of our passengers while Sharon, the host took care of our residents’ comfort by serving beverages and light snacks during the trip.

The train tickets even came with serial numbers, giving them a truly authentic feel, courtesy of Queensland Rail.

One of our residents’ wishes was to travel across the Nullabor plains on the famous Ghan train. Eileen said that she had been on The Ghan many years ago and it was the most remarkable experience she has ever had. “The best part was meeting different kinds of people along the way,” said Eileen. She smiled throughout the whole ‘journey’ and reminisced with her co-residents about the magical moment for her.

The residents had a thrilling time and were beaming with joy and looking forward to their next trip on the ‘Indian Pacific’.



Regis Hurstville and Regis Sandgate Musgrave celebrate Lunar New Year

Gong Xi Fa Chai in Mandarin means, Happy Lunar New Year! Our Home in Regis Hurstville New South Wales was in festive celebration as the traditional red packets, lanterns and plum blossom trees adorned the walkways. On the auspicious first day of the Lunar New Year, our residents welcomed the year of the Tiger with a Chinese-themed meal followed by Chinese craft, table games and fortune telling.

Our residents at Regis Sandgate Musgrave celebrated the Lunar New Year by making traditional Chinese lanterns in the Home.

Traditionally, the colour red symbolises good luck and fortune, while the Chinese gold symbols on the lanterns represent prosperity and friendship.

The beautifully crafted lanterns were made by the ever-growing art group in the Home. The program aims to enhance our residents’ day-to-day wellbeing, keep them connected with their favourite things, and help them embrace new interests.

May the Tiger bring prosperity,
joy and good health to all





Mealtimes at Regis

One of the main factors people consider when moving into residential aged care is the food, and it's no wonder why.

We're excited to showcase our summer menu

Said to be the 'spice of life', food can take us on a journey and reignite memories and experiences. A nutritious and flavourful diet is vital in supporting both our physical health as well as emotional wellbeing. Good food nourishes the body, brings people together, and provides enjoyment in everyday life.

We're excited to showcase our summer menu at Regis that gives our residents variety, nutrition, freshness and flavour. Included on our menu are delicious dishes such as a slow-cooked lamb slider with coleslaw and sweet potato fries, and a parmesan-crust chicken salad. For something sweet, our new pineapple and coconut trifle or key lime pie with whipped cream is a new favourite in our Homes.

Our teams carefully design our menus and residents play a large part in the process. All our recipes are rigorously tested by our chefs and residents before we introduce any new dishes to our permanent menus. We understand that variety and choice are important and that is why we review feedback from our residents so we can offer bespoke menus designed around what they enjoy—after all the residents are our food critics!

If there is a person who understands the importance of good food, it's Bryan Seeborun. Currently a Regional Catering Manager at Regis Aged Care, Bryan has a long history of working in a diverse range of industries where the quality of food is paramount. Originally from the UK, Bryan started his career as an Executive Chef in Michelin Star restaurants in the South of France and London.

"Unlike most people you come across in work, the elderly love putting time aside to share their experiences, and their stories can transport you to another time. There's nothing more rewarding than walking into a room full of people smiling and knowing you're part of the reason why", he says.

The nature of his work is highly varied and involves planning events, creating menus, and managing the delivery of a high-quality catering program across the Homes in his region. The favourite parts of his job are sharing stories with residents and professionally developing the chef managers and catering teams. Bryan shared, "Seeing the catering team members grow under your leadership, and making residents happy with the food, are the biggest factors that make everything worthwhile".



Retirement living

Regis Norwood retirement living: Caring for the community for 50 years

It was 50 years ago when our first retirement living village was opened. Today, our bustling retirement home is a community-driven village with residents contributing to its lovely demeanour in Norwood, Tasmania.

Regis Retirement Living Norwood celebrated its 50th Anniversary on Saturday 20 November with pomp and pageantry with residents, friends, families and employees. The retirement village has undergone a few name changes over the years and some of our residents who attended the event have lived in our beautiful village community for over 18 years.

The event was attended by Rosemary Armitage MLC, Independent Member for Launceston, who gave a heartfelt speech congratulating Regis on the anniversary.

A local tenor added to the splendour, delighting the guests with beautiful music for everyone to enjoy.

Guests enjoyed a custom designed cake to commemorate the anniversary which was cut by Vera Sutton and Joy Britton who have called Regis Norwood Village home the longest.

“The event was a wonderful culmination of all that Norwood Village has to offer; very happy people living the lifestyle of their choice,” said Nadine Lister, National General Manager of Retirement Living at Regis.

Regis Norwood Retirement Living gives our residents the opportunity to embrace old passions, discover new interests, and be part of our welcoming community. It is located close to the tranquil Punchbowl Reserve, offering a peaceful place to relax and socialise with our community. Situated in the Launceston suburb of Norwood, the village has 33 beautiful self-contained one-bedroom units and a handful of two-bedroom units.

Services

WA

Residential Homes	9
Retirement Living	1
Day Therapy and Health and Wellness Centres	2

NT

Residential Homes	1
Home Care, Day Respite and Day Therapy Centres	3

SA

Residential Homes	4
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VIC

Residential Homes	17
Retirement Living	1
Home Care, Day Respite and Day Therapy Centres	5

TAS

Residential Homes	3
Retirement Living	1
Home Care and Day Respite Centres	4

QLD

Residential Homes	23
Retirement Living	5
Home Care and Day Therapy Centres	3

NSW

Residential Homes	7
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Contact us

Call **1300 998 100** to find out more about our care and services.

Visit our website **regis.com.au**

Keep up to date with Regis Aged Care on **Facebook, Instagram and LinkedIn**

