

Summer 2019

Insight



From the CEO



Welcome to the summer edition of Insight. We have been very busy over these last few months with our incredible milestone celebrations, special visitors and our National Awards evening.

Congratulations to our winners from the recent 2019 National Awards night. Our finalists and winners have demonstrated exceptional levels of care, compassion and innovation in their work and we could not be prouder of their achievements. Their dedication and care ensures our residents continue to lead fulfilled and supported lives at Regis.

I have been privileged to visit more homes around the country and have continued to be impressed by the level of warmth, genuine care and compassion that I have witnessed from residents, clients, families and staff.

Once again, thank you for the important contribution you each make to the Regis family.

I wish you all well over the upcoming holidays and look forward to an exciting 2020 at Regis.

Linda Mellors,
Managing Director & CEO



Rowena Gatchalian, winner of CEO Award and Clinical Excellence

National Awards

Residents are the real winners after the National Staff Awards on November 15. The awards recognise employees for their valuable contribution and dedication to the care of our residents and clients.

With over 3,500 submissions from residents, colleagues and families, The National Awards highlight the best of the best when it comes to our care, initiatives and innovations to support our residents and clients. Congratulations to all winners and finalists.

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The awards celebrate the calibre of skill, integrity, compassion and vitality of our people across multiple categories such as clinical excellence, innovation, and exceptional customer service, personal and environmental leadership.



Facility of the Year – Kingswood



Arpit Modi



Hannah Coelho



Patricia Carter



Jose Duarte



Wishing Tree – Bunbury



Tom Burrell and John Lightfoot – Volunteers of the Year

Category	Sponsors	2019	Name
Initiative or Innovation of the Year	Positive Rehab	Winner	Wishing Tree – Bunbury
		Merit	Regis Air (Leonie Harre) – Whitfield
Service Excellence (Regis People serving Regis People)	Foxtel Business	Winner	Nick Nagel – Nat Support Office
		Merit	Colleen Williams – Nat Support Office
Service Excellence (Regis People supporting customers and families)	Optus / DataVoice	Winner	Leanne Whiter – Nat Support Office
		Merit	Denise Lee – Tasmania-Legana
Outstanding Hospitality and Lifestyle Services	PFD	Winner	Patricia Carter – Sandgate-Musgrave
		Merit	Kiranpal Kaur – Bulimba
Clinical Excellence	Caremed	Winner	Rowena Gatchalian – Ringwood
		Merit	Akriti Pant – VIC State Office
Outstanding Carer (Care Recipient Care)	Bliss Search Agency Pty Ltd.	Winner	Arpit Modi – Burnside
		Merit	Jose Duartz – Bulimba
Outstanding Carer (Dementia Care)	MJA Studio	Winner	Era Bista – Lutwyche
		Merit	Kuldeep Kaur – Armadale
Outstanding Personal Leadership	TPG Telecom	Winner	Hannah Coelho – Kingswood
		Merit	Scott Bailey – Wynnum
Volunteer of the Year	Regis	Winner	Tom Burrell – Port Stephens
		Winner	John Lightfoot – Ferny Grove
Outstanding Safety Contribution	BGI Promotions	Winner	Andrew Harstonge – Dandenong North
		Merit	Vanessa Gardiner – QLD State Office
Facility of the Year	Bunzl Outsourcing Services	Winner	Kingswood
		Merit	Kirwan
		Merit	Alawarra Lodge
Environmental Leadership	Immij	Winner	Wynnum
		Merit	Milpara Lodge
CEO Award	Regis	Winner	Rowena Gatchalian – Ringwood

Across Regis

This quarter residents celebrated milestone birthdays, met with dignitaries and dressed up for Halloween and the races. It was a vibrant and fun quarter at Regis.

Out and about

Managing Director & Chief Executive Officer Linda visited multiple homes over the last few months to chat to residents, meet the team and taste the quality food.

Shenley and Macleod opened their doors with residents sharing their wisdom, memories and of course humour to everyone's delight. Following a delightful lunch with residents, Linda was shown around the homes and introduced to residents and team members.



Halloween

Spooky season took over Regis with many homes getting into the fangtastic spirit.

Nat Support Office held a charity lunch on Halloween with proceeds going to the Father Bob Maguire Foundation to support the homeless. Meanwhile Sippy Downs had a ghoulishly good time inviting the local day care, family and friends to participate in a range of spooktacular activities including a treasure hunt, spooky bingo and themed dress ups.

Blackburn broke convention by hosting a pink Breast Cancer themed Halloween fundraiser. Residents came dressed in pink costumes to celebrate before inviting the community along to Trick or Treat!



Blackburn residents dressed in pink for Breast Cancer awareness

Dancing Queens

The Ringwood Dance Troupe is the residents' favourite entertainment group performing dance routines at events throughout the year. Featuring Ringwood employees, the group gets together out of work hours to practice their dance routines before performing for their adoring fans. The beloved dance troupe brings joy and entertainment to the residents and is available for invited visits.

100 Years Young

Alawarra Lodge resident Stella Barton celebrated her 100th birthday with a party and a week of festivities. At 100 years of age Stella enjoys gardening, playing pool, and attending as many of the activities and exercise groups as possible. Stella is an expert in orchids with her bedroom often described as a mini-nursery.

Birthday greetings for Stella were received from around the world, including messages from the Queen, Prime Minister, Governor General, Premier of Victoria and the local Member for Parliament.



Sippy Downs had a ghoulishly good time

Needling the Mayor

Port Coogee knitting group were delighted to meet with the Cockburn Mayor and show him their hard work – their beloved knitted bike rack cover.

The “yarnbombing” project was started to inspire joy at Signal Terrace Park and encourage the use of bikes for short journeys. The group completed their first cover after a total of 12 hours work and the bike rack is now a favourite parking spot for riders in the area.



Intergenerational Groups

Intergenerational activity groups are proven to have ongoing wellness benefits for residents and are a cherished part of life at Regis. The activity programs are a great way for residents to socialise, form friendships and build a strong sense of community. Residents from Sunraysia were thrilled to have children and students visit them and are eagerly awaiting the next opportunity to see their little friends.



Margaret and Chloe, Sunraysia

Off to the races

Residents and staff across the country got into the spring carnival spirit by hosting morning teas and dress up days for the races.

Nedlands hosted a themed morning tea including families and children from the local primary school while Greenbank celebrated with a red carpet hat parade.

Fawkner and Macleod joined together to host a Gala Event where relatives and residents enjoyed an evening that included a horse race, quiz, best dressed competition and sweep activities. Everyone had a wonderful time.



Gatton enjoyed a fantastic holiday at Lutwyche

Gatton’s holiday

Residents and employees from Gatton were treated to a four day holiday of sightseeing around Brisbane. Six residents and three employees were treated like kings and queens at their special hotel – Regis Lutwyche – where they explored Bribie Island, visited Southbank, enjoyed a city cat ride up the river, shopped at Westfield and had a morning tea at Mount Cootha Botanical Gardens. Beautiful memories for all involved.



Brian and “his boys” Chaise and Harry, Sunraysia



Fawkner and Macleod Gala Event

The activity programs are a great way for residents to socialise, form friendships and build a strong sense of community.

Bullseye visits Regis

Animal therapy is always a favourite activity for our residents. Bullseye the Horse, a full grown five year old Shetland, recently visited Hornsby delighting residents with his gentle nature.

He and his handler Kara spent one and a half hours with residents who fondly reminisced about life as milkmen with a horse and cart, or growing up on a farm. One resident remembered his grandfather mustering cattle, while another recalled being thrown off the horse and never wanting to ride again!

Animal therapy is always a favourite activity for our residents



Celebrating the Jewish new year

Armadale recently celebrated the last of the Jewish New Year festivals, Sukkot, with its Jewish residents. Joined by local Rabbi, Menachem Stern, the residents sang and danced with their relatives and friends. Meanwhile Rose Bay held special services in honour of Rosh Hashanah.

The Jewish New Year runs for a month between September and October each year and involves three key festivals: Rosh Hashanah (Jewish New Year), Yom Kippur (Fast of Atonement) and Sukkot (Festival of Tabernacles).

Pink afternoon tea

Residents and clients at Norwood gathered in the Village's Community Centre to enjoy a Pink Afternoon Tea celebrating Go Pink in October, raising money for Breast Cancer awareness month.

For a bit of fun residents wore a 'touch of pink', lucky door prizes were won and \$280 was raised including a donation from the Village's Saturday afternoon scrabble group.

It was a great opportunity for residents to socialise with their neighbours and enjoy a delicious afternoon tea all for a worthy cause.



Eliza Dennis, Norwood



Call to save the gorillas

Victoria has answered the call to save the gorillas by donating old phones to be recycled. The initiative, run in partnership with Zoos Victoria and the Gorilla Doctors, saw 252 mobile phones handed in – a total of 76.7kgs! By donating, residents and employees helped lessen the demand for coltan mining (the piece of metal that helps distribute phone calls) which in turn helps protect the forests that house them.

Congratulations to Inala Lodge for donating the most phones – 72 in total!